

4211 Clyde Park SW (Unit C), Wyoming, MI 49509  
E-mail Address: [info@wpsgr.org](mailto:info@wpsgr.org)  
Web site address: [www.wpsgr.org](http://www.wpsgr.org)

**Phone:** 616-538-0101

*Celebrating Our 40 Year Anniversary 1978-2018*

## OCTOBER EDUCATIONAL SUPPORT GROUP

**PLEASE NOTE: We have moved to a bi-monthly newsletter, every other month. This month's newsletter contains October and November 2018 support groups and other events.**

**ALL SUPPORT GROUP MEETINGS ARE FACILITATED BY PEOPLE WHO HAVE BEEN WIDOWED.**

*The issues discussed at WPS Support Group Meetings are subjects normally of interest to those widowed under two years. If you've been widowed over two years and are struggling with these issues, you are more than welcome to attend.*

**Tuesday, October 9, 12:30 p.m. (12:00 Lunch)      DAYTIME SUPPORT GROUP, WPS OFFICE**

**REDISCOVERING HAPPINESS**

Consider arriving early to join the facilitators during the lunch hour to allow more time to share your stories with each other (bring your own lunch). Facilitators: Lorraine Thenikl and Jim Readwin. Location: Held at the WPS Office, 4211 Clyde Park SW, Wyoming.

Directions: West of 131, North of 44th Street; park in the lot with the State Farm sign at the top and walk up the sidewalk between the two buildings to the second door on the left.

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Friday, October 12, 6:30 p.m.      EVENING SUPPORT GROUP, FIRST & MAIN OF METRO VILLAGE**

**RECONSTRUCTING, REDEFINING, AND REINVESTING: REDISCOVERING WHO YOU ARE AS PART OF THE GRIEF JOURNEY**

Facilitators: Beverly and Bob Vander Heide. No time for dinner? Please feel free to join volunteers and others for a bite to eat before the meeting, 5:30 p.m. in the deli at Family Fare Foods next to First and Main. Location: First & Main of Metro Village, 5812 Village Dr. SW, Wyoming. Enter through the front entrance, meeting room to the left.

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Thursday, October 18, 5:00 p.m.      HEATHER HILLS SUPPORT GROUP, HEATHER HILLS RETIREMENT VILLAGE**  
**KEEPSAKES, GHOSTS, AND ODDS AND ENDS: HOW DOES THAT FIT WITH THE GOALS OF GRIEF?**

Facilitators: LeAnne Daglow and Carol Drake. No time for dinner? Please feel free to join the facilitators and others for a bite to eat before the meeting in the deli at Forest Hills Foods, 5:30 p.m., corner of Cascade Rd. and Forest Hills Ave. The deli is the local gathering place. Location: Heather Hills Retirement Village, 1055 Forest Hills Ave. SE, Grand Rapids. Directions: Take the Cascade Rd. exit, 40B, off I-96. Turn east on Cascade Rd. Drive 1/2 mile then turn right on Forest Hill Ave. Pass the front of the Heather Hills building and turn right on the first street (Medical Park Dr.), then right into the parking lot. Enter on the south end of the building.

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Tuesday, October 23, 7:00 p.m.      EVENING SUPPORT GROUP, ROCKFORD UNITED METHODIST CHURCH**  
**RECONSTRUCTING, REDEFINING, AND REINVESTING: REDISCOVERING WHO YOU ARE AS PART OF THE GRIEF JOURNEY**

Facilitators: Kathy and Jim Van Stensel. Rockford United Methodist Church (Wesley Room), 159 Maple St., Rockford. Directions: From US 131, take exit 97. Turn East onto 10 Mile Rd. Drive 2.3 miles. Turn left on Monroe St. (just past Main St.). Take the first right onto Maple St., the church is on the left. (pre-retirement group)

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Tuesday, October 30, 12:00 p.m.      FRIEND TO FRIEND LUNCH, WPS OFFICE**

Hosts: Peggy Hayes and Sondra Conley. Bring your lunch and share time together at the office with other newly widowed people and the office staff. It's another opportunity to share your stories and support each other. No planned topic.



**Board of Directors**

*Thomas Braciak, Agnes Kempker-Cloyd, Carol Drake, Jan Holmes,  
Mike Larabel, Stacey Levitt, Elaine Meyers, Chris Wilks*

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## NOVEMBER EDUCATIONAL SUPPORT GROUP MEETINGS

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ALL SUPPORT GROUP MEETINGS ARE FACILITATED BY PEOPLE WHO HAVE BEEN WIDOWED.

*The issues discussed at WPS Support Group Meetings are subjects normally of interest to those widowed under two years. If you've been widowed over two years and are struggling with these issues, you are more than welcome to attend.*

**Tuesday, November 13, 12:30 p.m. (12:00 Lunch) DAYTIME SUPPORT GROUP, WPS OFFICE**  
**HOPE FOR THE HOLIDAYS: GRIEF AND REMEMBERING**

Consider arriving early to join the facilitators during the lunch hour (bring your own lunch)

to allow more time to share your stories with each other. Facilitators: Lorraine Thenikl and Jim Readwin.

Location: Held at the WPS Office, 4211 Clyde Park SW, Wyoming. Directions: West of 131, North of 44th Street; park in the lot with the State Farm sign at the top and walk up the sidewalk between the two buildings to the second door on the left. RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Friday, November 9, 6:30 p.m. EVENING SUPPORT GROUP, FIRST & MAIN OF METRO VILLAGE**  
**SIMPLE GIFTS: SHARING GRIEF & GRATITUDE**

Facilitators: Beverly and Bob Vander Heide. No time for dinner? Please feel free to join volunteers and others for a bite to eat before the meeting, 5:30 p.m. in the deli at Family Fare Foods next to First and Main. Location: First & Main of Metro Village, 5812 Village Dr. SW, Wyoming. Enter through the front entrance, meeting room to the left.

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Thursday, November 15, 7:00 p.m. EVENING SUPPORT GROUP, HEATHER HILLS RETIREMENT VILLAGE**  
**HOPE FOR THE HOLIDAY: GRIEF AND REMEMBERING**

Facilitators: LeAnne Daglow and Carol Drake. No time for dinner? Please feel free to join the facilitators and others for a bite to eat before the meeting in the deli at Forest Hills Foods, 5:30 p.m., corner of Cascade Rd and Forest Hills Ave. The deli is the local gathering place. Location: Heather Hills Retirement Village, 1055 Forest Hills Ave SE, Grand Rapids. Directions: Take the Cascade Rd exit, 40B, off I-96. Turn east on Cascade Rd. Drive 1/2 mile then turn right on Forest Hill Ave. Pass the front of the Heather Hills building and turn right on the first street (Medical Park Dr.), then right into the parking lot. Enter on the south end of the building.

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Tuesday, November 27, 7:00 p.m. EVENING SUPPORT GROUP, ROCKFORD UNITED METHODIST CHURCH**

Facilitators: Kathy and Jim Van Stensel. Location: 159 Maple St., Rockford, meet in the Wesley room.

Directions: From US 131, take exit 97. Turn East onto 10 Mile Rd. Drive 2.3 miles. Turn left on Monroe St. (just past Main St.). Take the first right onto Maple St., the church is on the left. (Pre-retirement Group)

RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

**Tuesday, November 27, 12:00 p.m. WPS OFFICE**  
**FRIEND TO FRIEND LUNCH**



Hosts: Peggy Hayes and Sondra Conley. Bring your lunch and share time together at the office with other newly widowed people and the office staff. It's another opportunity to share your stories and support each other. No planned topic.

## OCTOBER & NOVEMBER SOCIAL SUPPORT—NEWLY WIDOWED

Monthly social activities are coordinated by WPS volunteers who have been widowed. Social activities sponsored by WPS are intended for those who are current support group participants and still actively grieving. Our goal is that by attending social events, an important component to your grief journey, you begin to gain confidence in life as a single person and you expand your horizons beyond WPS. WPS holds to the view that once a person is dating or remarried, they are through the grief journey and therefore no longer need the support or social activity (primary) services of WPS.

Join this friendly group for an afternoon of fun and friendship. WPS encourages you to take this opportunity to make new friends who are going through the same loss you are, to help you through the grief process. This event is for those who have been widowed in the last two years or are actively attending support group meetings.

**Wednesday, October 17, 1:00 p.m.**

### **SOCIAL SUPPORT LUNCH**

**Rainbow Grill (back room)**

Location: 4158 Chicago Dr., Grandville  
(west of Wilson)



**Tuesday, November 20, 1:00 p.m.**

### **SOCIAL SUPPORT LUNCH**

**Fire Rock Grille (inside Stonewater Country Club)**

Location: 7177 Kalamazoo SE, Caledonia  
Note: day changed due to Thanksgiving

**RSVP: WPS office at 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)**

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## OCTOBER & NOVEMBER INDEPENDENT SOCIAL OPPORTUNITIES

The following activities are being held independent of WPS programs. WPS encourages the maintenance of friendships gained through participation in our services. If you have found Widowed Persons Service helpful, these opportunities may be of some interest to you as you integrate and adapt into your life as a single person. Please call or email the contacts listed below to RSVP and for further information. As a non-profit organization, your \$25.00 contribution to the newsletter renewal enables WPS to inform all current and past participants on all support and social opportunities and helps provide the newsletter to those who have become recently widowed.

### **October**

**Tuesdays, October 2, 9, 16, 23, 30, 10:00 a.m.**  
(arrive 9:30 a.m.)

### **GOLF SCRAMBLE**

Location: The Pines Golf Course  
5050 Byron Center Ave. SW, Wyoming  
RSVP: [135shlock@gmail.com](mailto:135shlock@gmail.com)



**Monday, October 8 & 22, 7:00 p.m.**

### **LINE DANCE LESSONS AT GILDA'S CLUB**

Location: 1806 Bridge St. NW, Grand Rapids.  
RSVP: [135shylock@gmail.com](mailto:135shylock@gmail.com)

**Wednesday, October 24, 5:30 p.m.**

### **HALLOWEEN PARTY—THE ELKS**

Location: 2715 Leonard NW, Grand Rapids  
Fun and games, prizes for the best male and female costume, but costumes are not mandatory. Bring a dish to pass and serving utensils. Coffee Furnished. RSVP: [135shylock@gmail.com](mailto:135shylock@gmail.com)



### **November**

**Tuesdays, November 6, 13, 20, 27 9:45 a.m.**  
**BOWLING— WESTGATE BOWL**

Location: 4486 Alpine Ave. NW, Comstock Park  
Join us each Tuesday morning for three games of bowling, fun and friendship. Cost: \$6 w/shoes. Lunch afterwards for those that wish to stay. Optional \$1.00 donation for drawing.  
RSVP: Jack (616) 866-8718



**Wednesday, November 14, 5:30 p.m.**  
**POTLUCK, CARDS AND GAME NIGHT  
THE ELKS**

Location: 2715 Leonard NW, Grand Rapids  
Bring a dish to pass and serving utensils. Coffee Furnished. RSVP: [135shylock@gmail.com](mailto:135shylock@gmail.com)



See our website for the latest information: [www.wpsgr.org](http://www.wpsgr.org)

Monthly dinners can be found on the "Special Events" page as fundraisers. We are partnering with local restaurants to have a portion of the revenue returned to WPS. Invite your friends and family, promote at work and church. Anyone eating during the advertised hours helps raise funds to support WPS.



# Widowed Persons Service

4211 Clyde Park SW (Unit C), Wyoming, MI 49509  
Return Service Requested

Non-Profit Organ.  
U.S. Postage  
**PAID**  
Permit No. 70  
Grandville, MI

## OCTOBER/NOVEMBER 2018

Office Hours :  
9am - 2pm, Tuesday - Thursday  
Please phone first: 538-0101  
*\*Please phone first.*



**Find us on the web at [www.wpsgr.org](http://www.wpsgr.org) or like us on Facebook!**

*Thank you for your support*

**Like us on FACEBOOK!**

**Widowed Persons Group of Grand Rapids**

**Share with your friends & family**

### AmazonSmile

**Thank you for your support!**

**DID YOU KNOW**....Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to your charitable organization choice? To sign up Login at [smile.amazon.com](http://smile.amazon.com) and select and change the charity to Widowed Persons Services-Wyoming, found under the search box at the top of the page.

### F. Michael Lynch CPA, MST

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**See our website for the latest information  
[www.wpsgr.org](http://www.wpsgr.org)**

#### Our Mission

Widowed Persons Service (WPS) is organized exclusively for the purpose of offering supportive services to those individuals in the greater Grand Rapids area who have suffered the loss of a spouse through death.

#### Our Vision

To provide actively grieving widowed men and women a safe and healthy environment in which to process their grief, resulting in an enriching life as a single person.

#### Our Process

WPS offers each grieving individual peer-to-peer support based on the belief that a widowed person is best helped along his/her grief journey with the help of other widowed people who have had similar experiences.

Widowed Persons Service is a registered 501(c) 3 nonprofit organization. Donations to WPS are tax deductible. Your gift may be doubled if your employer has a matching gifts program.