

## Educational Support

For all events please RSVP to the WPS office (616) 538-0101 or info@wpsgr.org

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### TRUE COMFORTS TO EASE THE PAIN

Daytime Support Group  
Tuesday, March 12, 2019  
12:00 Lunch, 12:30 Meeting

Consider arriving early to join the facilitators during the lunch hour to allow more time to share your stories with each other. (Bring your own lunch).

**Facilitators:** Lorraine Thenikl and Jim Readwin

**Location:** WPS Office, 4211 Clyde Park SW, Wyoming, MI

**Directions:** West of 131, North of 44th Street; park in the lot with the State Farm sign at the top and walk up the sidewalk between the two buildings to the second floor on the left.

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### LOOKING AT THE FACTORS THAT MAKE YOUR GRIEF JOURNEY UNIQUELY YOURS

Evening Support Group  
Friday, March 8, 2019  
6:30 pm

No time for dinner? Please feel free to join volunteers and others for a bite to eat before the meeting, 5:30 pm in the deli at Family Fare Foods next to First and Main.

**Facilitators:** Beverly and Bob Van Heide

**Location:** First & Main of Metro Village, 5812 Village Dr. SW, Wyoming, MI

**Directions:** Enter through the front entrance. Meeting room on the left.

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### YOU KNOW YOU ARE DONE GRIEVING WHEN...SAYING THE FINAL "GOOD-BYE"

Heather Hills Support Group  
Thursday, March 21, 2019

**There will be no meeting at this location until further notice.**

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### LOOKING AT THE FACTORS THAT MAKE YOUR GRIEF JOURNEY UNIQUELY YOURS

Evening Support Group  
Tuesday, March 26, 2019  
7:00 pm

**Facilitators:** Kathy and Jim Van Stensel

**Location:** Rockford United Methodist Church (Wesley Room) 159 Maple St., Rockford, MI

**Directions:** From US 131, take exit 97. Turn East into 10 Mile Rd. Drive 2.3 miles. Turn left on Monroe St. (just past Main St) Take the first right onto Maple St., the church is on the left.

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### Friend To Friend Lunch

Tuesday, March 26, 2019  
12:00 pm

Bring your lunch and share time together at the office with other newly widowed people and the office staff. It's another opportunity to share your stories and support each other. No planned topic.

**Hosts:** Peggy Hayes and Sandra Conley

**Location:** WPS Office

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## March Social Support: Newly Widowed

For all events please RSVP to the WPS office at (616) 538-0101 or info@wpsgr.org

### THIS MONTH'S SOCIAL SUPPORT LUNCH/DINNER

**Sunday, MARCH 2 @  
5:30 PM**

Location: Arnie's  
77 – 54<sup>th</sup> St. Wyoming, Mi  
(Corner of Clyde Park & 54<sup>th</sup>)

**Wednesday, MARCH  
20 @ 1:00 PM**

Location: Brann's Steakhouse  
3475 Fairlanes Ave.  
Grandville, MI

Monthly social activities are coordinated by WPS volunteers who have been widowed. Social activities sponsored by WPS are intended for those who are current support group participants and still actively grieving. Our goal is that by attending social events, an important component to your grief journey, you begin to gain confidence in life as a single person and you expand your horizons beyond WPS. WPS holds to the view that once a person is dating or remarried, they are through their grief journey and therefore no longer need the support of social activity (primary) services of WPS.

Join this friendly group for an afternoon of fun and friendship. WPS encourages you to take this opportunity to make new friends who are going through the same loss you are, to help you through the grief process. This event is for those who have been widowed in the last two years or are actively attending support group meetings.

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## March Social Support: Independent Social Opportunities

The following activities are being held independent of WPS programs. WPS encourages the maintenance of friendships gained through participation in our services. If you have Widowed Persons Services helpful, these opportunities may be of some interest to you as you integrate and adapt into your life as a single person. Please call or emails contacts listed below to RSVP and for further information. As a non-profit organization, your \$25.00 contribution to the newsletter renewal enables WPS to inform all current and past participants on all support and social opportunities and helps provide the newsletter to those who have become recently widowed.

### Line Dance Lessons At Gilda's Club

Monday, March 11 & 25 at  
7:30 pm

**Location:** Gilda's Club  
1806 Bridge St. NW,  
Grand Rapids, MI  
**RSVP:** 135shlock@gmail.com

### Bowling

Tuesdays: March 5, 12, 19 & 26 at  
9:45 am

**Location:** Westgate Bowl  
4486 Alpine Ave. NW  
Comstock Park, MI  
**RSVP:** Jack (616) 866-8718

Join us each Tuesday morning for three games of bowling, fun and friendship. Lunch afterwards for those that wish to stay. Optional \$1.00 donation for drawing.

### Potluck, Cards, and Game Night

Wednesday, March 20 at  
5:30 pm

**Location:** The Elks  
2715 Leonard NW  
Grand Rapids, MI  
**RSVP:** 135shlock@gmail.com

Bring a dish to pass and serving utensils. Coffee furnished.

# Upcoming Highlights

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## Monthly Dinner Fundraiser

### SHOTS on the River

Tuesday, March 5th

5:00 pm – 8pm

**Location:** Shots on the River

5760 West River Drive

Belmont, MI 49306

**RSVP:**

[alkemaellen@sbcglobal.net](mailto:alkemaellen@sbcglobal.net) or

call/text (616) 581-1109

SHOTS on the River will be partnering with Widowed Persons Service! Join us for dinner and show your support! A portion of the proceeds will be donated to Widowed Persons Service – A community for surviving spouses.

**Where: SHOTS on the River**

**When: Tuesday, March 5<sup>th</sup>**

**Time: 5 to 8 pm**

Please present this flyer to your server upon arrival.

Please present coupon.

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## April Bowling Fundraiser

### Benefiting the Widowed Persons Service of Grand Rapids

The Widowed Persons Service is a non-profit organization who offers supportive services to individuals in the greater Grand Rapids area who have suffered the loss of a spouse through death.

April 13, 2019, please arrive at 9:15-9:30am, bowling begins at 10am

Clique Lanes • 533 Stocking Ave NW • Grand Rapids, MI 49504

Teams of four • \$25 entry per person. Deadline for entries is March 28, 2019.

Includes 3 games, shoes, pizza after and lots of fun!

Please, Minimum of \$100 in pledges and all money is due on the day of the event.

Pick up a pledge form at the WPS office or print one from the WPS website @ [wpsgr.org](http://wpsgr.org)

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## Karaoke Night

St. Casimir Hall at 6<sup>th</sup>

St. and Davis

March 22 from 8 pm to

12:00

Arrive by 7:00pm

Bring a snack to pass.

## Board of Directors

**President:**

Agnes Kempker-Cloyd

**Board Members:**

Thomas Braciak

Carol Drake

Jan Holmes

Laura Jeltema

Stacey Levitt

Mike Larabel

Sarah Quirk

Chris Wilks

## Spread the Word

We're trying something new!

Come join fellow Widowed

Persons for Coffee and

Conversation at Marge's

Doughnut Den on 28<sup>th</sup> St.

Friday mornings at 9:00 am

starting March 1<sup>st</sup>.

We're also going to start a

Walking Club in April. More

info to come!

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Non-Profit Organ.  
U.S. Postage  
PAID  
Permit No. 70  
Grandville, MI

4211 Clyde Park, SW (Unit C)  
Wyoming, MI 49509  
Return Service Requested

Monthly Newsletter  
**March 2019**  
**Issue 116**

### Our Mission

Widowed Persons Service (WPS) is organized exclusively for the purpose of offering supportive services to those individuals in the greater Grand Rapids area who have suffered the loss of a spouse through death.

### Our Vision

To provide actively grieving widowed men and women a safe and healthy environment in which to process their grief, resulting in an enriching life as a single person.

### Our Process

WPS offers each grieving individual peer-to-peer support based on the belief that a widowed person is best helped along his/her grief journey with the help of other widowed people who have had similar experiences.



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### AmazonSmile

You can support WPS by making purchases on Amazon. Amazon donates 0.5% of the prices of your eligible AmazonSmile purchases to the charitable organization of your choice. To sign up, login at [smile.amazon.com](http://smile.amazon.com) and select **Widowed Persons Service- Wyoming**, found under the search box at the top of the page.

### WPS Updates

Stay updated with Widowed Persons Service online:

-  [www.wpsgr.com](http://www.wpsgr.com)
-  Widowed Persons GR



### Office Hours

Tuesday – Thursday: 9 am – 2 pm

### Contact Us

4211 Clyde Park, SW (Unit C)  
Wyoming, MI 49509  
[wpsgr.org](http://wpsgr.org) | [info@wpsgr.org](mailto:info@wpsgr.org)