

## Educational Support

For all events, please RSVP to the WPS office (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)

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### Hope Through Crisis

Daytime Support Group  
Tuesday, March 10, 2020  
12:00 Lunch, 12:30 Meeting

Consider arriving early to join the facilitators during the lunch hour to allow more time to share your stories with each other. (Bring your own lunch).

**Facilitators:** Lorraine Thenikl and Jim Readwin  
**Location:** WPS Office, 4211 Clyde Park SW, Wyoming, MI  
**Directions:** West of 131, north of 44th Street; park in the lot with the State Farm sign at the top and walk up the sidewalk between the two buildings to the second door on the left.

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### You Know You Are Done Grieving When... "Saying The Final Good-Bye"

Evening Support Group  
Friday, March 13, 2020  
6:30 pm

No time for dinner? Please feel free to join volunteers and others for a bite to eat before the meeting, 5:30 pm in the deli at Family Fare Foods across from First and Main.

**Facilitators:** Beverly and Bob Vander Heide  
**Location:** First & Main of Metro Village, 5812 Village Dr. SW, Wyoming, MI  
**Directions:** Enter through the front entrance. Meeting room on the left.

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### Looking At The Factors That Make Your Grief Journey Uniquely Yours

Evening Support Group  
Tuesday March 24, 2020  
7:00 pm

**Facilitators:** Kim Slupe, Carol Drake and Leanne Daglow  
**Location:** Knapp Reformed Church  
4025 Knapp St. NE Grand Rapids, MI 49525

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### Friend-To-Friend Breakfast

Tuesday March 31<sup>st</sup> @ 9:30 AM  
Byron Family Restaurant  
2527 84<sup>th</sup> St. Byron Center

Let's go out for Breakfast! Come enjoy breakfast with other newly widowed people and the office staff. It's another opportunity to share your stories and support each other. No planned topic.

**Hosts:** Peggy Hayes and Sondra Conley  
This month we'll meet at Byron Family Restaurant

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## March Social Support: Newly Widowed

For all events, please RSVP to the WPS office at (616) 538-0101 or [info@wpsgr.org](mailto:info@wpsgr.org)  
**THIS MONTH'S SOCIAL SUPPORT LUNCH/DINNER**

### **Sunday March 1 @ 5:30 PM**

Location: Monelli's  
5675 Byron Center Rd.  
Wyoming, MI

### **Wednesday March 18 @ 1:00 PM**

Location: Grandvilla (upstairs)  
3954 Chicago Drive  
Grandville, MI

Monthly social activities are coordinated by WPS volunteers who have been widowed. Social activities sponsored by WPS are intended for those who are current support group participants and still actively grieving. Our goal is that by attending social events, an important component to your grief journey, you begin to gain confidence in life as a single person and you expand your horizons beyond WPS. WPS holds to the view that once a person is dating or remarried, they are through their grief journey and therefore no longer need the support of social activity (primary) services of WPS.

Join this friendly group for an afternoon of fun and friendship. WPS encourages you to take this opportunity to make new friends who are going through the same loss you are, to help you through the grief process. These events are for those who have been widowed in the last two years or are actively attending support group meetings.

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## March Social Support: Independent Social Opportunities

The following activities are being held independent of WPS programs. WPS encourages the maintenance of friendships gained through participation in our services. If you have Widowed Person s Services helpful, these opportunities may be of some interest to you as you integrate and adapt into your life as a single person. Please call or emails contacts listed below to RSVP and for further information. As a non-profit organization, your \$25.00 contribution to the newsletter renewal enables WPS to inform all current and past participants on all support and social opportunities and helps provide the newsletter to those who have become recently widowed.

### **Line Dance Lessons At Gilda's Club**

Monday March 9 & 23 at  
7:30 pm

Location: 1806 Bridge St.  
NW Grand Rapids, MI  
RSVP:  
[135shylock@gmail.com](mailto:135shylock@gmail.com)

### **Potluck, Cards and Game Night**

Wednesday March 18, 2020  
@ 5:30 pm

Location: St Casimir / 6<sup>th</sup>  
Street Hall  
649 6<sup>th</sup> St. NW Grand  
Rapids  
RSVP:  
[135shylock@gmail.com](mailto:135shylock@gmail.com)

This time if people with last name starting with the letter A thru M please bring a dish to pass. Thank you and hope to see you there!

### **Westgate Bowling !**

**Tuesdays, March 3, 10, 17,  
24 & 31**

**Please arrive at 9:45 a.m.  
bowling starts at 10:00  
WESTGATE BOWL**

*Location: 4486 Alpine Ave.  
NW, Comstock Park*

Join us each Tuesday morning for three games of bowling, fun and friendship. Cost: \$6 w/shoes. Lunch afterwards for those that wish to stay. Optional \$1.00 donation for drawing.

RSVP: Jack (616) 866-8718

## Upcoming Highlights

### Monthly Fundraiser Dinner

#### **Shots Restaurant & Bar in Standale**

4259 Lake Michigan Dr. NW

Standale, MI 49534

Join us for dinner on Monday March 16<sup>th</sup> from 5 to 8 pm

15% of the proceeds will be donated to Widowed Persons Services.

**Coupons will be available, that night, at the Restaurant**

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### April Bowling Fundraiser

Benefiting the Widowed Persons Service of Grand Rapids

April 25, 2020 please arrive at 9:15-9:30am, bowling begins at 10am

Clique Lanes • 533 Stocking Ave NW • Grand Rapids, MI 49504

Teams of four • \$100 entry per person. Deadline for entries is April 16, 2020.

Includes 3 games, shoes, pizza after and lots of fun!

Please continue to ask for pledges for your team. The team raising the most money will receive a prize!. All money is due on the day of the event. Pick up a pledge form at the WPS office or print one from the WPS website @ wpsgr.org

The Widowed Persons Service is a non-profit organization who offers supportive services to individuals in the greater Grand Rapids area who have suffered the loss of a spouse through death.

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### **Growth through Loss Seminar**

This morning seminar will be held at First and Main

May 9<sup>th</sup> from 9 to 1pm.

Registration and more details will follow in the April Newsletter



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### Annual Spring Luncheon!

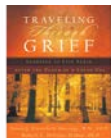
Is coming up on Thursday May 14<sup>th</sup>. Save the date!

Watch for details in the April Newsletter! Make plans to join us!

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### **Navigating the Journey Through Grief**

**6-Week Support Group Based on material from the book "Traveling Through Grief"**



*This class is being postponed until September.  
Please watch for details in the July/August newsletters.*

**Weather related support group event cancellations posted on WOOD TV 8.**

4211 Clyde Park, SW (Unit C), Wyoming, MI  
wpsgr.org | info@wpsgr.org | (616) 538-0101



4211 Clyde Park, SW (Unit C)  
Wyoming, MI 49509  
Return Service Requested

Monthly Newsletter  
**March 2020**  
**Issue 128**

### **Our Mission**

Widowed Persons Service (WPS) is organized exclusively for the purpose of offering supportive services to those individuals in the greater Grand Rapids area who have suffered the loss of a spouse through death.

### **Our Vision**

To provide actively grieving widowed men and women a safe and healthy environment in which to process their grief, resulting in an enriching life as a single person.

### **Our Process**

WPS offers each grieving individual peer-to-peer support based on the belief that a widowed person is best helped along his/her grief journey with the help of other widowed people who have had similar experiences.



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### **AMAZON SMILE**

You can support WPS by making purchases on Amazon. Amazon donates 0.5% of the prices of your eligible AmazonSmile purchases to the charitable organization of your choice. To sign up, login at [smile.amazon.com](https://smile.amazon.com) and select **Widowed Persons Service-Wyoming**, found under the search box at the top of the page.

### **WPS Updates**

Stay updated with Widowed Persons Service online:

-  [www.wpsgr.org](http://www.wpsgr.org)
-  Widowed Persons GR



### **Office Hours**

Tuesday – Thursday: 9 am – 2 pm

### **Contact Us**

4211 Clyde Park, SW (Unit C)  
Wyoming, MI 49509  
[wpsgr.org](http://wpsgr.org) | [info@wpsgr.org](mailto:info@wpsgr.org)